

TRAINING SCHEDULE 2012

Indoor and outdoor training facilities will be used for the course. Schedule subject to alteration. All sessions in GIS except for the Saturday beach session

FRIDAY 2nd NOVEMBER 2012

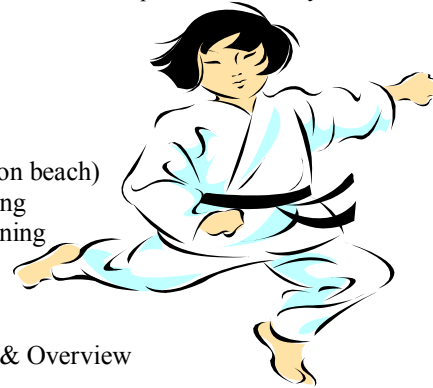
6.00 - 8.30 PM Register In and Training
Welcoming . Brief run down on rules and schedule of the weekend

SATURDAY 3rd NOVEMBER 2012

6.30 -8.00 AM Beach training and fun run (short / t-shirts) towel to dry off (Gi for Picture on beach)
9.00 - 12 noon Training (Kihon and Kata) 2.00- 4.00 pm (Kumite Drills) Training
4:00 to 6:00 pm Dan Grading 6:00- 8.00pm (Kihon and Kata) Training

SUNDAY 4th NOVEMBER 2012

6.30 -8.00 AM Beach training and fun run (short / t-shirts) towel to dry off
9.00-12:00 noon Training (Kihon and Kata) 1:00 to 3:00 pm Small Kata Tournament & Overview
(please note this is a guide and may run out of order if organiser see fit.)



COURSE FEE

COURSE \$90.00 FAMILY DISCOUNT \$150.00 (one or all sessions)

NOTE: Course entries close Monday, 8th October 2012

Please make cheque payable to

AUSTRALIAN GOJURYU KARATE ACADEMY INC.

c/o Glenn Stephenson, 15 Horatio Street Rosemeadow NSW 2560

NAME/S	GRADE	DATE OF BIRTH	Area DOJO
ADDRESS	CONTACT NO	AGE	SEX
			MALE/FEMALE
Tshirt Size			

***Compulsory Safety Equipment - Approved hand protectors- Mouth Guards
***Optional Safety Equipment - Breast Protector (female) - Groin Protectors (male)

GOJURYU KARATE DO SEIWAKAI AUSTRALIA

INDEMNITY RELEASE

In consideration of being permitted to participate in this event and in full knowledge that I am contractually binding myself an any other person or persons on my behalf to an exemption and absolution of liability for act, deeds or omission on the part of **Gojuryu Karate Seiwakai Australia**, its office bearers, members, officials , agents , assignees or any other person authorised by **Gojuryu Karate Do Seiwakai Australia** to act in any capacity whatsoever related to the objects or purposes of the **Gojuryu Karate Do Seiwakai Australia**.

I Hereby exempt and absolve **Gojuryu Karate Do Seiwakai Australia**, its office bears ,members, officials , agents ,assignees or any other persons authorised by **Gojuryu Karate Do Seiwakai Australia** (as above) against any action or cause of action of whatsoever kind of nature and will the full intent of giving the word 'action or cause of action of ' whatsoever kind of nature ' the widest possible legal and literal interpretation and meaning and I include therein the exemption and absolution of **Gojuryu Karate DO Seiwakai Australia** of liability , whether tortuous, contractual strict liability or otherwise, arising in any other possible legal cause or head of action whatsoever capable of begin brought by myself or any other person or persons on my behalf or on behalf of the person for whom I might sign this document, this exemption and the absolution being in respect of any injury, damage or loss whatsoever or howsoever including (and without limiting the generality of the foregoing) injury , loss or damage caused in the course of or prior to or after or on the way to or in any way related to this event.

Participant's Signature..... Date.....

Parent's or Guardians Signature.....
(if participant under 18 years)

Instructor Printed Name Date.....

Signed.....

DECLARATION I declare that I have current insurance and that I have read the Indemnity Release ,understood them and have filled in my form correctly and honestly and as such my signature appears above



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GOJURYU KARATE DO SEIWAKAI AUSTRALIA

PRESENTS 2012 Summer CAMP
2,3,4 November 2012
at Wollongong Surf Leisure Resort
Pioneer Rd , Fairy Meadow NSW



Course Accommodation

Book your own accommodation early to avoid disappointment

BOOK UNDER KARATE ACADEMY

Wollongong Surf Leisure Resort +61 2 4283 6999, www.wslr.com.au

(NOTE: you must pay \$100 Deposit to secure Unit)

Beachfront resort. Free facilities include indoor swimming pool, steam room, spa and children's playground.

Self contained units (4 - 7 people) Compulsory key deposit of \$20 (open check out will be refunded)

SUNDAY LATE CHECKOUT COMPULSORY: \$50 extra

Powered campsites also available .

Units are being held for the course unit end August 2012. Don't delay in reserving your accommodation as it will be fully booked before the course

Alternative accommodation :
www.tourismwollongong.com

SEMINARS

** Beach Training / Fun Run

** Kata Training

** Kumite Training

** Weapon Training

** Dinner - Pub across the road great affordable meals / children's play area or organise BBQ we are open to suggestions from Parents and supporters

** Award Presentation - Each NSW club MOST IMPROVED / MOST OUTSTANDING / ENCOURAGEMENT AWARD

Instructors

Glenn Stephenson 6th Dan, Keith Hill 5th Dan, Iyan Mackenzie 5th Dan, James Duggan 5th Dan, Rod Martin 5th Dan, Michael Patrick 5th Dan, John Dalmedo 5th Dan, Nikola Vukelic 4th Dan, Mario Borg 4th Dan, Malwina Martin 4th Dan, Bernie Haughey 4th Dan, Kain Johnson 3rd Dan, Fareed Mills 3rd Dan, Kylie Stephenson 3rd Dan, Michael Cross 3rd Dan, Scott Read 3rd Dan, Rene Tleige 3rd Dan, Veedat Sekin 3rd Dan, Daniel Harding 2nd Dan, Phil Gibson 2nd Dan, Gordon Kane 2nd Dan, Ben Walker 2nd Dan, Adam Francis 2nd Dan.

SPECIAL GUESTS Invited

ARTHUR MOULAS 8th Dan - KOBUDO/ TRADITIONAL WEAPONS

TONY HAILS—7th DAN ISHINRYU AUSTRALIA SPORTS KUMITE

Current AKF National kumite mentor coach . Former English and Australia International . Multiple Asian Pacific and Australian champion

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ALL ENQUIRES: GLENN STEPHENSON Shihan 0412 668 965

OR g.stephenson@karateacademy.com.au

Keep an eye on www.karateacademy.com.au for detailed profiles of course instructors, as well as updates on course details tournaments and participants